

# WORD FIND

This is a theme puzzle with the subject stated below. Find the listed words in the grid. (They may run in any direction but always in a straight line. Some letters are used more than once.) Ring each word as you find it and when you have completed the puzzle, there will be 15 letters left over. They spell out the alternative theme of the puzzle.

## Gym workout

Solution: 15 Letters

T	E	W	O	L	E	W	O	T	C	E	C	A	R	T
I	L	S	A	I	S	U	P	P	R	E	S	S	R	F
U	I	O	D	R	F	L	O	O	R	K	N	P	C	L
R	G	N	A	O	A	C	T	I	V	E	E	T	O	O
F	A	O	I	N	R	E	X	H	A	L	E	R	R	G
E	N	I	K	B	K	E	E	N	V	Z	F	A	E	E
X	K	T	L	C	G	T	U	I	I	A	G	K	E	E
A	P	A	I	N	I	O	S	S	S	O	D	V	M	O
L	D	R	T	T	A	N	T	T	Y	E	E	I	D	A
E	C	I	E	N	R	E	I	P	L	I	T	U	S	A
R	S	P	S	D	I	O	L	S	H	S	J	B	T	X
H	P	S	A	D	U	E	P	C	C	W	H	A	E	E
A	I	R	B	Q	H	C	A	S	L	S	E	C	N	S
R	H	E	R	A	M	P	E	A	U	S	E	K	I	B
D	T	P	E	B	A	L	L	P	B	I	C	E	P	S

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|----------|---------|--------------|----------|
| Achieve  | Cricket | Judo         | Relax    |
| Active   | Diet    | Kart         | Rods     |
| Agile    | Exhale  | Keen         | Sabre    |
| Appetite | Fast    | Lean         | Size     |
| Axes     | Floor   | Nets         | Sled     |
| Back     | Fruit   | Oars         | Sport    |
| Ball     | Goal    | Pelvis       | Suppress |
| Biceps   | Golf    | Perspiration | Time     |
| Bikes    | Hard    | Plank        | Tone     |
| Blade    | Help    | Push         | Towel    |
| Centre   | Hips    | Quoits       | Trace    |
| Club     | Intake  | Ramp         | Yoga     |
| Core     | Iron    | Reduce       |          |

**6/29 Solution:  
Beautiful Clean  
Beaches**